

**Workshop title: Intentional vessels****Youth Ages:** 5-18**Duration:** 2 hours**Themes:** Pinch pots, healing, mark making**Summary**

In this workshop youth will make healing/power vessels inspired by Marva Lee Jolly's Story Pots, Spirit Women, and Friendship Bowls. Their pot might represent something they would like to keep safe; such as nature or something they would like to improve about themselves.

The overall theme is on how they belong in society but to remember they are all unique individuals with something special.

**Learning Goals**

- To think about self development and grow confidence in themselves.
- Utilize sculptural material

**Guiding Questions**

- What is something that is important to you?
- If you had a magic pot that let you do anything or have any power to make you even better at something you would like to improve, what would it be? (I like the idea of a kindness pot for myself)

**Youth will be able to**

- Think abstractly and imaginatively
- Experiment with sculpture and mark making
- Use natural/sustainable material

**Supplies**

- Magic clay/homemade playdough see website links below
- Natural objects e.g leaves, twigs, plastic knife, and mark making objects (mark making objects be made out of cardboard alternatively)
- Paper plates
- Optional: food coloring for homemade playdough

**Websites references**

Artist pottery samples-

<https://womanmade.org/artwork/marva-pitchford-jolly-2/><https://womanmade.org/artwork/marva-pitchford-jolly-2/>

Playdough recipe (alternative to clay)- <https://www.iheartnaptime.net/play-dough-recipe/>

Time	Activity
<b>Opening Circle &amp; Introduction 10-15 mins</b>	<ol style="list-style-type: none"> <li>1. Start with a check in and do quick introductions</li> <li>2. Introduce children to the project and have them go out into the park to get 2 nature objects. Remember to thank the earth/the plant/whatever is taken from nature. Alternative is to cut out pieces or shapes from cardboard (email participants a link to templates)</li> </ol>
<b>Demonstration 15 mins</b>	<ol style="list-style-type: none"> <li>1. Demonstrate how to use magic or air dry clay by making pinch pots, or nest-like formations. Let children decide how open they want to make their pot/nest.</li> <li>2. Embed one object from nature into your pinch pot.</li> <li>3. Alternatively, use the nature object to make marks in your pot or nest.</li> </ol>
<b>Guided practice/construction of art objects 1hr 15mins</b>	<ol style="list-style-type: none"> <li>1. As they make their creations ask what they are creating and why it is important to them.</li> <li>2. When they are finished, encourage them to share ideas with other children or friends.</li> </ol>
<b>Modifications &amp; group activity</b>	<ol style="list-style-type: none"> <li>1. Play a group game such as trivia or an age appropriate quick 5min game</li> </ol>
<b>Closing Circle 15mins</b>	<ol style="list-style-type: none"> <li>1. Share out ideas (each person will type "answer" in the group chat which will define the order youth speak in)</li> <li>2. Prompt them with what they liked about the workshop and how their pots will help them in the future or one thing they are taking away with this workshop</li> <li>3. Prompt them to do research on power objects or clay making and to come back to the next workshop with something interesting</li> </ol>

## Modifications

- Younger youth can use homemade play dough and food coloring, have an adult assist and simplify or choose to make only the power/emotion necklace.
- Older youth can work on more intricate detail or create another object/power necklace made of magic clay and an embedded natural object which will give them the tools they seek.
- If there is time, invite them to paint their clay or color the clay with food coloring.
- Ask older youth to think about writing a poem that could go with their power objects. Share out if time allows.

